Core Belief: All people have the right to live, love, work, play and pursue their life aspirations just as others do in their community.

Focusing on ALL

- **100%**
  - 4.9 million citizens with developmental disabilities
- **75%**
  - 25% national percentage receiving state DD services


Life Stages and Life Domains

- **Meaningful Day & Employment:**
  - What you do as part of everyday life—school, employment, volunteering, communication, routines, life skills.

- **Community Living**
  - Where and how you live—housing and living options, community access, transportation, home modifications.

- **Safety & Security**
  - Staying safe and secure—emergencies, well-being, guardianship options, legal rights and issues.

- **Healthy Living**
  - Managing and accessing health care and staying well—medical, mental health, behavior, developmental, wellness and nutrition.

- **Social & Spirituality**
  - Building friendships and relationships, leisure activities, personal networks, faith community.

- **Citizenship & Advocacy**
  - Building valued roles, making choices, setting goals, assuming responsibility and driving how one’s own life is lived.

- **Prenatal/Infancy**
  - Early years, wondering if meeting developmental milestones

- **Early Childhood**
  - Preschool age, getting a diagnosis

- **School Age**
  - Everyday life during school years

- **Transition**
  - Transitions from school to adult life—Realizing school is almost over!

- **Adulthood**
  - Living life as an adult

- **Aging**
  - Getting older and preparing for end of life (parent/family/individual)
People with disabilities are members of their families and communities.

With the best of intentions, all people receive integrated services and supports.

Integrated Supports for a Good Life

**PERSONAL STRENGTHS & ASSETS**
Life experiences, personal knowledge, personality traits, belongings, social skills, education and training

**TECHNOLOGY**
iPad/smartphone “apps”, remote monitoring, cognitive accessibility, adaptive equipment

**RELATIONSHIPS**
Family, friends, neighbors, co-workers, community members, church members

**COMMUNITY BASED**
Schools, public transportation, businesses, churches, public safety, hospitals, parks & recreation

**ELIGIBILITY SPECIFIC**
Developmental disability services, special education, Medicaid, food stamps, Section 8 housing, Vocational Rehabilitation

**Goods and Services: Instrumental Supports**
- Self/Family-Directed services
- Transportation
- Respite/Childcare
- Adaptive equipment
- Home modifications
- Financial assistance
- Cash Subsidies
- Short/Long term planning
- Caregiver supports & training

**Connections & Partnerships: Mental Health & Self-efficacy**
- Parent-to-Parent Support
- Self-Advocacy Organizations
- Family Organizations
- Sib-shops
- Support Groups
- Professional Counseling
- Non-disability community support

**Discovery & Navigation: Knowledge & Skills**
- Information on disability
- Knowledge about best practices and values
- Skills to navigate and access services
- Ability to advocate for services and policy change

Access the Charting the LifeCourse™ tools and framework at lifecoursetools.com

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