

The Department of Developmental Services, in partnership with the Institute for Community Inclusion / UMass Boston presents:

# TRAINING FOR MASSACHUSETTS EMPLOYMENT SERVICE PROVIDERS



# Self-Management: Tools and Strategies to Build and Inspire Independence

June 9 (1-3pm), June 16 (1-2:30pm), June 23 (1-3pm), & June 30 (1-2:30pm)

(Participants must commit to fully attend ALL 4 sessions)

This 4-week module on self-management strategies focuses on tools that a person can use independently, sometime interdependently, to keep themselves on track. When employment services incorporate self-management strategies into their supports, customers get access to more hours, higher paying jobs, and they tend to learn skills that are transferable to other situations. In this module, we will focus on a range of self-management solutions so that you can access tools that will work for anyone and everyone you support.

#### **Learning objectives:**

- Participants will reflect on how some core values of supported employment (zero exclusion, competitive jobs, individualized support) support you and your customers to use technology to learn new ways to participate in community-based jobs.
- 2. Participants will learn about a range of low-high tech tools to maximize interdependence from natural supports, and innovative approaches to traditional support structures.
- 3. Participants will learn about evolving accessibility features on popular consumer technology platforms,
- 4. The community will share specific technological solutions that they use and will build community around practicing supporting customers with technology.
- 5. Participants will learn about a wide cross section of cutting-edge accessibility technology in the areas of smartphones, robotics, and smart home technology.

Week 1: June 9, 1-3pm

Week 2: June 16, 1-2:30pm: Community of Practice Meeting 1

Week 3: June 23, 1-3pm

Week 4: June 30, 1-2:30pm: Community of Practice Meeting 2

# The participants who attended previous modules said...

"I loved the guest speaker's presentation, learning all the different ways that video can be used and seeing those examples. It gave me a lot of ideas that I hope to bring to my practice."

"I appreciated the level of expertise of the presenters. The content was thought provoking and challenging. The creativity used to engage participants was well received."

"I really enjoyed seeing the video resumes and learning that it isn't as daunting as I had once thought."

For more information or to request accommodations: Miwa Tanabe, Miwa.Tanabe@umb.edu

# TO REGISTER:

 $https://communityinclusion.zoom.us/meeting/register/tJcqfuivpz4oGtZiBAxTVyxPoWEuDBeSsX\_Tuperformula for the community of th$ 







## **Meet the Trainers**



### Emily Harris, Senior Project Manager, Wise

Emily Harris has had the good fortune to be affiliated with people with disabilities throughout her life. She has over 12 years' experience doing work as an Employment Consultant and a Positive Behavior Support Consultant with individuals, families, and Employment Agencies in the Pacific Northwest and beyond. She also has international consulting experience working with employment agencies across New Zealand. Emily is committed to the concept of inclusion and full participation and knows that employment is critical to equity. She holds a BS in Arts and Letters with a focus in Women Studies and English, is a Certified Employment Professional through APSE, and currently serves on



the National APSE Employment Support Professional Certification Council (ESPCC). Emily is a trainer and trained in the process of Person-Centered Planning. Emily is a natural networker and believes that being connected in your community is vital to the success of connecting people with sustainable employment. Emily invites people to use low and high tech solutions to empower people's success on and off the job. Emily loves music (especially soul and oldies on vinyl), spending time with her family, and vintage shopping in small towns.

#### Shaun Wood, Senior Project Manager, Wise

Shaun is all about jobs! He's a community developer and has worked to support people with disabilities since 2002. He continues to work in schools, people's homes, and job sites, helping to build inclusive communities. Shaun is a Board-Certified Behavior Analyst and a certified Employment Specialist. He served in the U.S. Peace Corps in Eastern Europe, and obtained both his M.Ed. (Applied Behavior Analysis) and B.A. (Political Science/Human Rights) from the University of Washington. Shaun uses applied behavior analysis, emerging technology, reflective processes, and mentorship to drive employment outcomes. In his current role, he's available to work in local communities across Washington State and beyond! He has active projects from Alaska to the southwestern U.S. and eastern Canada. Shaun loves languages,



and is fluent in Bulgarian with experience in French, Macedonian, Turkish, and Romani (he's currently studying Spanish). When he isn't working, he likes to garden, brew espresso, stare into his aquariums, and jog circles around his adopted hometown of Burien, Washington.

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https://communityinclusion.zoom.us/meeting/register/tJcrd-GqrDgsH9LrRMuGXO9sRKyUinFS6DGP





